



Office for Black Catholics
ARCHDIOCESE OF PHILADELPHIA



Sharing News of Hope



I think the difference between me and some people is that I'm content to do my little bit. Sometimes people think they have to do big things in order to make change. But if each one would light a candle we'd have a tremendous light.



As I look back on my life, I realize that every time I thought I was being rejected from something good, I was actually being re-directed to something better.

Venerable Augustus Tolton



I believe in God. I hope in God. I love.

I want to live and die for God.

Venerable Henriette Delille



My Brothers and Sisters:

When the COVID-19 pandemic ricocheted around the world, it upended our societies and brought our lives to a standstill. As we begin to recover, we still are prayerfully cautious.

In the month of November, we will celebrate our Black Catholic History. I am pleased that we are preparing to celebrate the Feast of Saint Martin de Porres along with the Sacrament of Confirmation on November 7th at the Cathedral Basilica of Saints Peter and Paul. Archbishop Nelson J. Perez, D.D. will celebrate Mass and Confirm candidates from various parishes. The Philadelphia Mass Gospel choir will provide music.

There will be a special Novena: A Faith Handed Down; Standing on the Shoulders of our Ancestors from Sunday, October 24th-Monday, November 1st shared throughout the country observing Black Catholic History Mail. You may email at rwinters@catholicaoc.org to receive the Novena bulletin.

November 8th, Villanova University is hosting its inaugural Mother Mary Lange Lecture in Black Catholic History. Delivering the lecture is Dr. Erin Rowe, an associate professor of history at Johns Hopkins University, and the author of *Black Saints in Early Modern Global Catholicism* (Cambridge, 2019). In addition, special guest Sister Rita Michelle Proctor, the Superior General of the Oblate Sisters of Providence in Baltimore, will offer remarks on her order's pioneering history and Mother Mary Lange's canonization cause.

This is part of Villanova's commitment to anti-racism, as well as to raising awareness of the witness and contributions of African American Catholics.

We are delighted to have Sister Cora Marie Billings, RSM as our guest speaker for a prayer day of Reflection on November 20th from 9:00 to 12:00pm. The theme for this day is, "Renewing the Human Family." This will take place at St. Malachy Church. Sister Cora Marie taught at St. Malachy school many years ago, a true Homecoming for Sister Cora Marie. Kendra Butler-Waters, a pianist, composer, vocalist, violinist and music director will provide music. She is a former Kimmel Center Jazz Resident.

I look forward to celebrating with many of you in November and if you know someone who is not receiving our newsletter or Flocknotes have them text the word **"BLACK"** TO **84576**.

Mr. James E. Andrews, Director

Office For Black Catholics

Archdiocese of Philadelphia

**Archdiocese of Philadelphia
Invites you
to a discussion on
Police and Community Relationship**

Saturday, October 23, 2021 @ 2:30 p.m.



Danielle M. Outlaw

Police Commissioner
City of Philadelphia



Irene Oritseweyinmi Joe

Law Professor
UC Davis School of Law

VIRTUAL EVENT

REGISTER:

<https://tinyurl.com/nsr4e6s2>



Black Catholic Apostolate
James E Andrews
215-587-3541



African Catholic Apostolate
Sr. Florence Enechukwu, MSHR
267-282-3487

Reflecting Over Violence in our Streets



Mr. Derrick Banks, Jr.

Mitchell Scholarship Recipient — 2021-2022

Saint Cyprian Parish

Attends Archbishop John Carroll High School—Senior

When I look back over the last few years in our country, I see many positive things in our community. People stepping up to help those suffering through the pandemic, voices speaking out about racial injustice and even just helping those around us. However these tend to be overshadowed by the violence that takes place in our streets on a daily basis. These can be caused by racial prejudice, or even within our own community. One of the major examples would be the murder of George Floyd. It sparks a desire to change the community, because people who are supposed to protect us end up hurting us as well.

As for gun violence, it shows how ruthless people can be, for example in the case of Walter Wallace, or even the drive-by in neighborhoods. Seeing other people killed due to gun violence really can change a person. It creates a deeper thought in their mind, of what they can do to help prevent more cases like these from happening. However, this is our current society. Younger children are growing up with stories like these which is honestly shocking. Incidents of gun violence are all over the news daily, and it's painful to hear. Personally, it bothers me, because as a young teen of color, it's more about saving my own life, rather than focusing on what I want to do with my life. For all kids of color growing up currently, it's a constant concern for general safety. Looking towards the future, however, by keeping a positive mindset about our community and staying faithful to God we will find new ways to overcome gun violence in our streets.



St. Martin de Porres Mass & Sacrament of Confirmation

Office for Black Catholic Apostolate



**SUNDAY, NOVEMBER 7
2:00 P.M.**

**CATHEDRAL BASILICA OF
SAINTS PETER & PAUL
1723 RACE STREET
PHILADELPHIA, PA 19103**



**Archbishop
Nelson J. Perez
Principal Celebrant**



All are welcome



ARCHDIOCESE OF PHILADELPHIA
OFFICE FOR BLACK CATHOLICS
INVITE YOU TO ATTEND

DAY OF REFLECTION "RENEWING THE HUMAN FAMILY"

Join us for a day of prayer, music & conversation

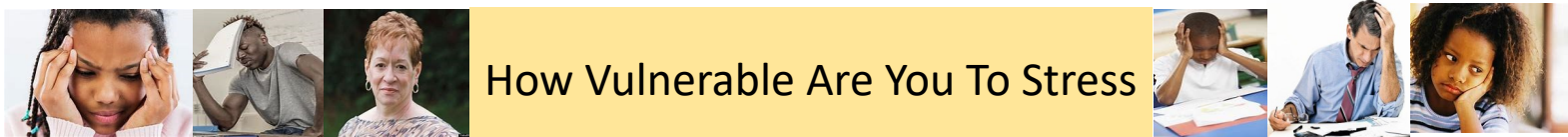
9 AM to Noon November 20, 2021

**ST MALACHY CATHOLIC CHURCH
1429 NORTH 11TH ST. PHILADELPHIA**



Sister Cora Marie Billings, RSM
Guest Speaker

PLEASE REGISTER BY EMAIL JANDREWS@ARCHPHILA.ORG



The following test was developed by Psychologists Lyle H. Miller and Alma Dell Smith at Boston University Medical Center. Score each item as follows:

(1) Always; (2) Most of the time; (3) Sometimes; (4) Rarely; (5) Never

1.	I eat one hot, balanced meal a day		
2.	I get seven to eight hours sleep at least four nights a week.		
3.	I give and receive affection regularly.		
4.	I exercise to the point of perspiration at least twice a week.		
5.	I have at least one relative within 50 miles on whom I can rely.		
6.	I smoke at less than half a pack of cigarettes a day. (Answer (1) if you do smoke).		
7.	I take fewer than five alcoholic drinks a week.		
8.	I am the appropriate weight for my height.		
9.	I have an income adequate to meet basic expenses.		
10.	I get strength from my religious beliefs.		
11.	I regularly attend a club or social activities.		
12.	I have a network of friends and acquaintances.		
13.	I have one or more friends to confide in about personal matters.		
14.	I am in good health (including eyesight, hearing, teeth).		
15.	I am able to speak openly about my feelings when angry or worried.		
16.	I have regular conversations with the people I live with about domestic problems, e.g. chores, money and daily living issues.		
17.	I do something fun at least once a week.		
18.	I am able to organize my time effectively.		
19.	I drink fewer than three cups of coffee (or tea or cola drinks) a day.		
20.	I take quiet time for myself during the day.		
	TOTAL SCORE		

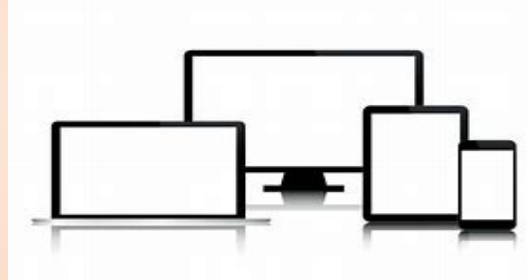
To get your score, add up the figures and subtract 20. Any number over 30 indicates a vulnerability to stress. You are seriously vulnerable if your score is between 50 and 75, and extremely vulnerable if it is over 75.



Office for Black Catholics
ARCHDIOCESE OF PHILADELPHIA



KEEPING IN TOUCH



Join our Flocknote Database to keep
up with the “Good News” coming from
The Office For Black Catholics!

TEXT BLACK TO 84576

OR

CONNECT WITH US ONLINE AT:

OFFICEFORBLACKCATHOLICS.FLOCKNOTE.COM

OR

EMAIL SISTER LYNN MARIE RALPH, SBS
sr.lralph@archphila.org

—————
Following Information needed: Name, Email, Phone Number



Mr. James E. Andrews: Director

Sister Lynn Marie Ralph, SBS, Coordinator, Editor

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